



དཔལ་ལྷན་འབྲུག་གཞུང་། གསེ་བ་ལྷན་ཁག འབྲུག་བཟའ་ཆས་དང་སློན་རིགས་དབང་འཛིན།

ROYAL GOVERNMENT OF BHUTAN
MINISTRY OF HEALTH
BHUTAN FOOD AND DRUG AUTHORITY



BFDA/MPD/02/OFL/2025-2026/ 4801

12 December 2025

Regulatory Notification on High Lead and Mercury Levels in Unregistered Traditional Medicines Sold by Yuthok Traditional Pharmacy

The Bhutan Food and Drug Authority (BFDA) has confirmed the presence of high levels of lead and mercury in unregistered medicinal products sold by Yuthok Traditional Pharmacy, located at Thimphu Plaza, Thimphu. Following confirmatory laboratory testing of seized samples, **Rinchen Jumar 25 (500 mg) Pill** was found to contain the following heavy metal levels:

Test	Results	Limit
Lead (as Pb)	16,279.7 ppm	NMT 10 ppm
Mercury (as Hg)	4,000.4 ppm	NMT 1.0 ppm

**NMT; Not more than, *ppm: Parts per million*

Yuthok Traditional Pharmacy was suspended on 28 October 2025 after a regulatory inspection revealed the sale of unregistered medicines.

The presence of these heavy metals poses significant health risks, including toxicity from prolonged or repeated exposure. A BFDA Public Safety Advisory containing pictorial representations of the product is attached herewith for reference.

The general public is strongly advised to **immediately discontinue** use of medicines purchased from the above-mentioned pharmacy and to report and submit any remaining products to the nearest BFDA office. Any medicines imported for sales and distribution will require prior registration from the Authority.

This notification is issued for immediate compliance. For any clarification, please contact the BFDA at the toll-free number 1555 or via email at mpd@bfda.gov.bt

Director